# The Influence of Testosterone

## **Eye Health**

Meibomian gland function and lubrication

# Cardiovascular Health

Lowers triglyceride and cholesterol
Improves cardiac capacity and output Improved endothelial function

### Circulation

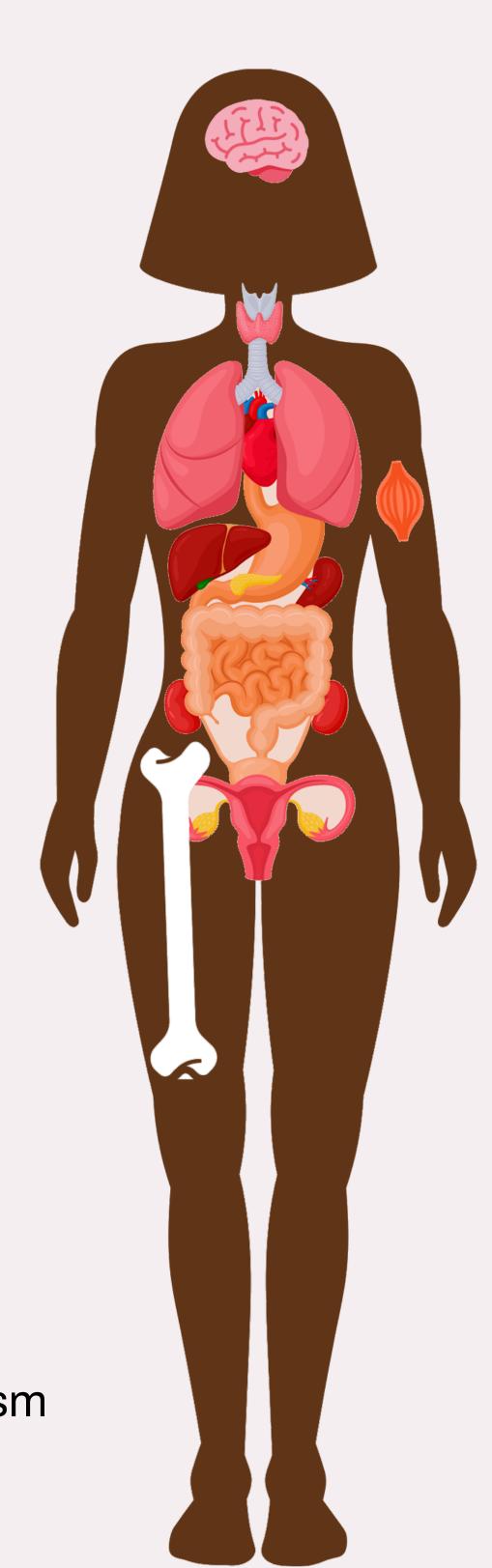
Production of RBCs

## **Bone Health**

Production of bone Increased bone mineral density

# Reproductive and Sexual Function

Libido, arousal and orgasm Urogenital health



## **Cognitive Function**

Influence on concentration, memory, verbal learning and spatial abilities

#### Mood

Beneficial impact on psychological wellbeing and energy

### Muscle

Restores muscle mass and strength Makes exercise more efficient

### Metabolism

Maintains normal metabolic function (BP, lipids, glucose metabolism)

